

STRAWBERRY THYME INFUSED WATER

RECIPE

INGREDIENTS:

- 1 6 strawberries, chopped
- 2 4-6 sprigs of fresh thyme
- 3 1 quart cold water

STEP ONE:

Clean your sprigs of thyme and strawberries.

STEP TWO:

Add ingredients to a large glass.

STEP THREE:

Allow mixture to infuse in your fridge for at least 2 hours before enjoying.

BLUEBERRY BASIL INFUSED WATER

RECIPE

INGREDIENTS:

- 1 ½ cup blueberries
- 2 ¼ cup of fresh basil leaves
- 3 1 quart cold water

STEP ONE:

Clean your basil leaves and blueberries.

STEP TWO:

Add ingredients to a large glass.

STEP THREE:

Allow mixture to infuse in your fridge for at least 2 hours before enjoying.