

The 10 Best *Indoor Plants* For Your Home



FICUS LYRATA

The Ficus Lyrata, also known as the Fiddle-leaf fig, is a popular ornamental tree and a favorite indoor plant. The large leaves make a strong statement while posing many health benefits. The broad leaves help with humidity control and air purification, eliminating various chemical compounds and dust which means fewer ailments related to the respiratory system.



SUCCULENT

Succulents are a trendy way to bring personality and greenery to your home. They require little maintaining while they help improve the quality of your life. Succulents are continually producing oxygen while they clean the air, reduce humidity, and remove those nasty toxins.

PONYTAIL PALM

The Ponytail Palm has a very distinct look with its swollen brown stem that stores water. The leaves are long and narrow resembling a willow tree or water coming off a fountain. Caring for a Ponytail Palm is easy with its slow growth and minimal care because it is a member of the succulent family.



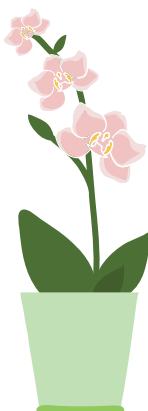
BROMELIADS

Bromeliads add color and beauty to any interior space. They come in a variety of colors and a range of sizes that can suit anyone or any space. Bromeliads are extremely drought tolerable which allows for easy maintenance. They improve air quality, but they do most of the work at night. Studies have shown that night time is when bromeliads release most of their oxygen and remove air pollutants.



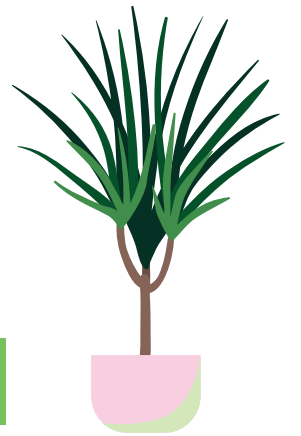
ORCHIDS

Orchids not only help with air quality and absorbing carbon dioxide, but they help with stress relief and increased healing. The presence of orchids can have a calming influence which can help you relax and reduce your stress level immensely.



DRACAENA

Dracaena is one the easiest and most common indoor plants around. Dracaena is a shrubby species with over 40 different varieties and sizes which can work with all different spaces in your home or office. Dracaena plants are considered one of the best for removing benzene chemicals from the air which can be found in every day products like paints, cleaning products, and plastics.

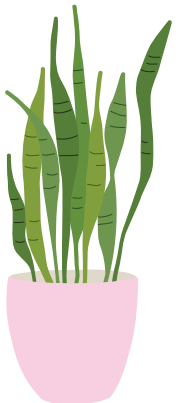


HEDERA IVY

Hedera Ivy is an easy-to-grow vine. It can thrive in cooler temperatures and low light while staying green all year long. It makes for a great “spiller” plant that flows down a shelf or mantel. Hedera Ivy can substantially reduce the amount of mold in the air of your home and can be used as a natural way to cleanse the air of mold spores.

SANSEVIERIA

The unique look of the Sansevieria plant can make a strong visual statement in any space. The Sansevieria is ideal for indoor spaces it removes allergens! The Sansevieria doesn't produce allergens; it releases moisture in the air and lessens airborne allergens while it also avoids the collection of such allergens due to the smooth surface of its leaves.



SPATHIPHYLLUM

Spathiphyllum, also known as the peace lily, has been called by some as the “perfect houseplant”. Spathiphyllum is easy to main, forgiving, and lets you know when it needs watering. NASA found this great indoor plant to be one of the top plants for cleaning air. It breaks down toxic gasses to keep the air you are breathing nice and pure.

ZZ PLANT

The ZZ Plant is an extremely popular indoor plant with dark green, glossy leaves. The green coloring is an indication that this plant absorbs light from minimum sources, which makes them a great plant for the indoors. The ZZ Plant is unique and long lasting, not to mention they are also very resistant to plant disease and insects or mites.

